

Greensboro Panthers 2026 PLAYER Code of Conduct

By joining my Panthers volleyball team, I agree to uphold the following program rules:

- I will listen to the instructions of my coaches.
- I will attend all practices and games.
- I will show self-control by not participating in the use of profane language, alcohol, tobacco, or drugs.
- I will keep my focus on volleyball and avoid pairing off with a person of the opposite sex during all trips, practices, and games.
- I will follow the rules established by my team.
- I will not wear jewelry during practice or games.
- I will also be responsible for my social media. Any posts, tweets, re-tweets or any other forms of social media with questionable content will be disciplined and possible suspension from the program.

This is subject to change with notice to families. Not understanding these rules is not an excuse not to abide by them.

Penalty is as follows:

1. Discussion with player, parent, and director.
2. Discussion with player, parent, and director as well as a 5 day suspension.
3. Discussion with player, parent, and director and expulsion.
4. If infraction is severe enough, expulsion is automatic.

1) All participants of Panthers teams and programs shall behave in a way which cannot be construed as confrontational or as a verbal assault against any official, league/team official, fan, player, or parent.

2) Any league/team official, coach, player, parent or fan may be subject to disqualification or ejection from games and tournaments for violation of these Rules of Behavior.

3) The National Federation of High Schools makes a distinction between disqualification and ejection. A DISQUALIFICATION is when a coach or player is assigned two (2) technicals or 2 yellow cards in a game for either rough play or improper speech directed toward an official. The result of a DISQUALIFICATION is removal from the game/match in which the second technical is assigned. An EJECTION is an automatic removal, even on the first offense. Panthers has an ejection policy for any of the following 8 behaviors:

- Fighting which includes, but is not limited to, combative acts such as:
 - An attempt to strike an opponent with a fist, hands, arms, legs or feet.
 - An attempt to punch or kick an opponent, regardless of whether or not contact is made.
 - An attempt to instigate a fight by committing an unsportsmanlike act toward an opponent that causes an opponent to retaliate.
 - Leaving the bench area to participate in a fight (contact or no contact).
- Speaking disrespectfully to an official (It is the official's discretion as to whether this a simple technical or an ejection offense.)
- Cursing.
- Taunting, baiting or spitting toward an opponent.
- Profanity, directed toward an official or opponent.
- Obscene gestures, including gesturing in such a manner as to intimidate.
- Flagrant Foul for one of the above offenses.

An EJECTION carries with it an automatic 2 GAME/MATCH suspension in addition to the game/match in which the EJECTION occurred. A DISQUALIFICATION (2 yellow cards) is a simple removal from the present game/match with the player being able to return to the team at their next game/match.

Player Signature_____Date_____

Print Player's Name _____

Parent Signature_____Date_____

Print Parent's Name _____